

NEWSLETTER

Editors: Gaby W., Natalia S., Zoe S., Genevieve K., Rachel K., Ashlyn G., Elise G., Izzy K., and Katie K.

Leaves

By: Elsie N. Brady



How silently they tumble down,
And come to rest upon the ground,
To lay a carpet, rich and rare,
Beneath the trees without a care,

Content to sleep, their work well done,
Colors gleaming in the sun.
At other times, they wildly fly,
Until they nearly reach the sky

Twisting, turning through the air
Till all the trees stand dark and bare
Exhausted, drop to Earth below
To wait, like children, for the snow.

Submitted By: Natalia S.

Halloween by Rachel K.



Halloween is a holiday that started around the 1800s. The first Jack O'Lanterns were made from turnips. Fifty percent of kids prefer to receive chocolate candy for Halloween, compared with 24% who prefer non-chocolate candy and 10% who prefer gum. Samhainophobia is the fear of Halloween. The owl is a popular Halloween image. In Medieval Europe, owls were thought to be witches, and to hear an owl's call meant someone was going to die. The largest pumpkin ever measured was grown by Norm Craven, who broke the record in 1993 with a 836 lb. pumpkin. Stephen Clarke holds the record for the world's fastest pumpkin carving time: 24.03 seconds smashing his previous record of 54.72 seconds. The rules of the competition state that the pumpkin must weigh less than 24 pounds and be carved in a traditional way, which requires at least eyes, nose, ears, and a mouth. More candy is sold on October 28th than any other day of the year. In Alabama it's illegal to dress up as a priest. In Hollywood there's a \$1,000 fine for using silly string on Halloween. Have a happy Halloween!

Being a Vegetarian by Zoe S.

Have you ever wondered what it would be like to be a vegetarian? Are any of your friends one? Do you want to try being one? Well, you can! In this article hopefully, I can answer all those questions. Keep on reading if you have any of these questions or more.

Different Kinds

What?!? There are different kinds!!!! Yes, random reader I'm writing to. There are different kinds. Have you ever heard of a vegan? Well, that's a type of vegetarian. Oh. What are other kinds? And what's a vegan? There are some kinds of vegetarian that don't eat red meat but they will eat seafood. Some eat no meat what-so-ever. There are even some who don't eat dairy, some don't eat eggs but drink milk, and some drink milk but, don't eat eggs. If you are wondering the same thing as Bob, who is the person asking questions, a vegan is someone who will not eat *anything* that involves animals such as, milk, eggs, cheese, and other foods that have meat or things that come from animals. Some vegans don't even wear things that were made from animals like leather or wool.

Veggies



Some people might think that being a vegetarian just means you have to eat veggies but they're wrong. Being a vegetarian just means you don't eat meat. Join in!

In the month of October I was trying to become a vegetarian just to see what it was like. So, in other articles I will be doing a week where I will maybe be a vegan, or even have a sugar-free week. If you want, I will post the dates of when I will be doing this and if you want to join in! If you join you might have some input in other articles about how it was hard or if you will do this again. Remember you ***DO NOT*** have to join in it is an option. If you're not sure about doing it for a week just do it for a day. It's up to you.

Recipe

Roasted Red Pepper on Mini-Bagel Sandwiches

Ingredients:

3/4 cup (6 ounces) 1/3-less-fat cream cheese, softened
1/4 cup (2 ounces) fat-free cream cheese, softened
1/4 cup minced green onions
1/4 teaspoon salt
1/8 teaspoon black pepper
2 garlic cloves, minced
12 mini bagels, halved and toasted
1 (12-ounce) bottle roasted red peppers, rinsed, drained, and chopped

Preparation

Combine first 6 ingredients. Spread cream cheese mixture evenly over cut sides of bagels. Arrange the chopped red bell peppers evenly over bottom halves of bagels; top with top halves of bagels. Cut each sandwich in half.

Sources: If you want to find out more about being vegetarian here are some websites for recipes and ways to stop eating meat.

<http://www.cookinglight.com/food/quick-healthy/quick-and-easy-vegetarian-recipes-00400000042999/page26.html>
<http://zenhabits.net/how-to-become-a-vegetarian-the-easy-way/>

FEED MY STARVING CHILDREN BY GABYW.

At Feed My Starving Children, they help feed kids around the world that don't have food. There are 3 types of Manna Packs that they send to feed the children, potato D (which is for one to three year olds), potato W (for four to five year olds), and Manna Pack Rice is for those six and up. The Manna Packs are sent all over the world, including the US, Canada, and Mexico.

There are places nearby that you can volunteer to package the meals. They are in Schaumburg, Libertyville, and Aurora. Each location packs different types of Manna Packs some with rice or potatoes. Most packs include vitamins and vegetables. For more information you can visit their website at fmcs.org.



Windsor Taste Testing By: Natalia S.

All of the ingredients that were made in this tasty soup were planted and grown in the Windsor Garden. But was it good is the real question. Here are some peoples opinion.

1. Katia "Amazing!"
2. Shannon "AMAZING!"
3. Kelly "Super!"
4. Caitlin "Amazing."
5. Mary Clare "Good"
6. Rachel " Out of this world!"
7. Kotryna "Amazing."
8. Natalia "Out of this world!"

Just by the look of it, most people loved Chef Tom's butternut squash soup. Thanks to all the mom helpers, everyone who signed up got to taste it, and it sure was some good soup!



WINS: WINDSOR INDEPENDENT NOVEL STUDY BY ELLA O.

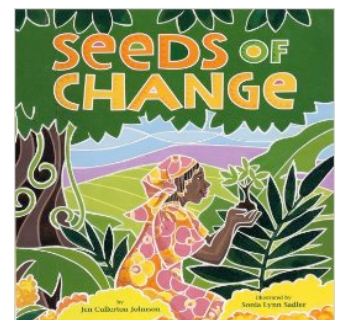
SUBURBAN MOSAIC BY MRS. K.



WINS is a book club for fifth graders. We read really great books. It is run by Mrs. Kelly, Mrs. Garkish, and Mrs. Graham. Inside Out and Back Again by Thanhha Lai is the 1st book we are

reading. It was awarded the 2011 National Book Award for Young People's Literature. It is also the 2013-2014 Suburban Mosaic Middle School selection. I recommend this book!

Suburban Mosaic Book Program is in its 11th year. The goal is promote cultural understanding and social justice. The title selected for K-2 students is Me... Jane by Patrick McDonnell. The 3rd-5th grade selection is Seeds of Change by Jen Cullerton Johnson.



An Interview With Miss Pustai by Rachel K.

Q. What is your favorite color?

A. My favorite color is dark purple.

Q. What is your favorite food?

A. My favorite food is lasagna.

Q. What is your favorite treat?

A. Ice Cream.

Q. What is your favorite grade to teach?

A. 1st grade.

Q. What is your favorite book?

A. The Giver.

Q. What is your favorite movie?

A. Ferris Bueller's Day Off.

Q. Who is your favorite author?

A. Shel Silverstein.

Q. What is your favorite childhood memory?

A. Going to Disney World for the first time with my family.

Q. Do you play any instruments?

A. Yes, I play the Clarinet.

Q. What is your favorite song?

A. Royals.

Q. What is your favorite sport to play?

A. I love to play soccer.



Q. What is your favorite sport to watch?

A. I like to watch Football.

Q. What is your favorite Chicago Sports team?

A. I like the Bears, White Sox, Cubs, and the Blackhawks.

Q. What are your favorite hobbies?

A. Arts & Crafts, shopping, movies, and hanging out with friends and my family.

Q. What is your favorite animal?

A. I love Polar Bears.

Q. How long have you been a teacher?

A. Two years.

Q. What do you do right when you get home from work?

A. I go to the gym.

Q. Who was your favorite teacher when you were in Elementary School?

A. My 2nd grade teacher, Mrs. McCarter.

Fun Apps by Genevieve K.

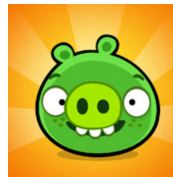
Today I will be talking about the fun apps you can buy for iPad, iPod, and iPhone. Only one of these apps, (Bad Piggies) cost money. You can buy them in the app store.

The first app I am going to show you is **Morfo**. In **Morfo**, you can turn your face into a cartoon! It's very easy, and everyone loves making themselves into a cartoon!

Another good app is **Bad Piggies**. It is a sequel to the Angry Birds series. It is good for when you are driving a long time in the car. **Warning:** Some levels are really hard!

My favorite app is **Beautify**. You can change your hair color, eye color, and if you have freckles, you can make them disappear!

The last app, is **Subway Surfers and Jetpack Joyride**. I interviewed some people and a lot said they liked Subway Surfers and Jetpack Joyride. So you should probably check those out.



REENACTMENT BY ASHLYN G.

On October 9th, all the fifth graders in District 25 went to Olive Elementary School for a Revolutionary War Reenactment. Before attending each student studied one of the following people: Innkeepers, Land Agents, a Native American, and more. They taught us about their life and their jobs.

Take a look at Ms. Hasan's Picture gallery.
<http://jhasan.weebly.com/6/post/2013/10/the-reenactment-of-1776.html>

DID YOU KNOW?

Literacy Lessons in the LMC focused on:

The six signposts found in literature.

1. Aha Moment
2. Tough Questions
3. Contrast and Contradictions
4. Again and Again
5. Words of the Wiser
6. Memory Moments

Multicultural Literature with a focus on the Suburban Mosaic Selections.

November is Nonfiction November!

